



“Step up for Seniors”

1st Annual

STEP-A-THON

to support The Senior Hub!

Sept. 28th 2016

**CREATE A
TEAM OF
5-10
STEPPERS!**

**YOU
HAVE BEEN CHALLENGED**

**AGES
8-80+**

REGISTER BY SEPTEMBER 20TH

JOIN US FOR OUR 1ST ANNUAL MULTI-GENERATIONAL STEP-A-THON!

RAISE MONEY TO HELP SENIORS LIVE HAPPY, HEALTHY, & INDEPENDENT LIVES!

Take as many steps as possible as a team!

Tag in and out as needed stepping onto an aerobic platform or gym floor!

-Step, cheer, sponsor, or spectate!

-Wear matching team colors or costumes!



WRAP-UP AWARDS PARTY AT 6:00PM

**WITH FOOD & RAFFLE! PRIZES WILL BE AWARDED TO TEAMS WITH:
MOST STEPS, BEST COSTUME & MORE!**

St. Anthony North
Health Campus
Centura Health.



For more info. visit www.seniorhub.org or contact Renee or Kasi @ 303.426.4408

September 28, 2016 ~ Stepping will start at 4:30pm

Mountain Range High School ~ 12500 Huron Street ~ Westminster 80234